

Family Caregiver Education Series

If you're caring for an elderly family member, Hope Hospice is here to help with a free education series, now offered as interactive classes through Zoom. Recordings of past events are available on our website, too.

Register at [HopeHospice.com/family](https://www.HopeHospice.com/family). Questions? Call (925) 829-8770.

September 8, 10–11:30 a.m. | “Dementia Basics”

Since dementia dramatically changes the ways that individuals think, perceive, communicate, and behave, caring for a loved one with dementia presents a unique set of challenges. Hope Hospice's dementia specialists will discuss the nature and progression of dementia and the various diseases and conditions that can produce its symptoms. Participants will gain a basic understanding of the ways in which dementia can impact the brain and behavior.

October 13, 10–11:30 a.m. | “End-of-Life Legal and Financial Issues”

When facing the incapacity of a loved one, reliance on professionals will ensure that families receive the most accurate information about options and protection. An elder law attorney will share information about establishing powers of attorney, trusts and wills, paying for long-term care and accessing government assistance programs.

November 10, 10–11:30 a.m. | “Medicare: An Overview and Update for 2023”

Medicare, the federal health insurance program for people age 65+ and those with disabilities doesn't have to be confusing. A guest presenter from Alameda County's Health Insurance Counseling and Advocacy Program (HICAP) will share information about coverage, options for supplementing Medicare, and changes for 2023.

December 8, 10–11:30 a.m. | “Dementia: Understanding Behaviors as Communication”

As the conditions that cause dementia progress, communication becomes challenged; persons living with dementia will increasingly rely on their behaviors to express their needs. In this webinar, family caregivers will gain an understanding of how to assess, interpret, and respond to dementia-related behaviors in a manner that can improve communication and promote meaningful connections.