

FAMILY CAREGIVER EDUCATION SERIES

Facing End of Life Issues

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HOSPICE and PALLIATIVE CARE

Gawande, A. (2017). *Being mortal: Medicine and what matters in the end*. Metropolitan Books.

Choosing a Quality Hospice for You or Your Loved One

www.aetna.com/individuals-families-health-insurance/document-library/compassionate-care-choosing-a-hospice.pdf

End of Life: Helping with comfort care (National Institute on Aging)

https://order.nia.nih.gov/sites/default/files/2017-07/End_of_Life_508.pdf

What Loved Ones Should Know About the End of Life

www.verywellhealth.com/end-of-life-4014730

Karnes, B. (1986). *Gone from my sight: The dying experience*. Barbara Karnes Publishing.

Medicare: Hospice Benefits

www.medicare.gov/coverage/hospice-care

Medicare Care-Compare (Finding and evaluating hospice services in your area)

www.medicare.gov/care-compare/

Palliative Care

www.nhpco.org/patients-and-caregivers/about-palliative-care/

Palliative Care vs. Hospice

www.nhpco.org/wp-content/uploads/2019/04/PalliativeCare_VS_Hospice.pdf

POLST (Physician Orders for Life Sustaining Treatment)

https://capolst.org/wp-content/uploads/2020/10/POLST_2017_wCover.pdf

FUNERAL PLANNING

Consumer Guide to Funeral and Cemetery Purchases (California Cemetery and Funeral Bureau)

www.cfb.ca.gov/consumer/consumer_guide.pdf

Pre-need Q and A: A guide to making advance funeral and cemetery arrangements

www.cfb.ca.gov/consumer/pre_need.pdf

Shopping for Funeral Services (Federal Trade Commission)

www.consumer.ftc.gov/articles/pdf-0056-funerals.pdf