



*Living with Dementia:*  
**Understanding Behavior as Communication**

December 10, 2020

**ONLINE RESOURCES**

These online resources were referenced in our webinar and/or supplement the information provided. All of the links are active. If you are viewing this on your computer, simply click on the title to go directly to the source.

[Caring for a Person with Alzheimer's Disease](#)

(106 page booklet contains valuable information for those providing care for someone with dementia – excellent!)

National Institutes of Health/National Institute on Aging

[Caregivers Guide to Understanding Dementia Behaviors](#)

Family Caregiver Alliance

[Communication and Alzheimer's](#)

Alzheimer's Association

[Dementia Caregiving and Controlling Frustration](#)

Family Caregiver Alliance

[How to Respond When Dementia Causes Unpredictable Behaviors](#)

Alzheimer's Association

[Managing Personality and Behavior Changes](#)

National Institutes of Health

**GENERAL INFORMATION ABOUT DEMENTIA**

[Alzheimer's Association – Alzheimer's and Dementia](#)

[Family Caregiver Alliance - Dementia](#)

[National Institute on Aging/National Institutes of Health  
Alzheimer's Disease and Related Dementias](#)

[Teepa Snow](#)

*One of America's leading educators on dementia, **Teepa Snow** has developed the Positive Physical Approach to care -- techniques and training models that now are used by families and professionals throughout the world who are working or living with dementia or other brain changes.*