

Grief Journeys Support Group 2019

Grief Journeys through Spousal-Partner Loss

This is an 8 - session Grief Support Group.

The death of a loved one can leave us feeling alone, confused, and isolated. Finding ways to explore our grief and how it may be affecting us can be very healing.

Please join us if you would like a supportive group setting designed to help you process your grief.

Before participating in our grief support services, we ask that you attend an informational interview with a Grief Support Counselors. Enrollment is limited, please call our Grief Support Center at (925) 829-8770 to schedule your appointment.

The Grief Journeys Support Group Spousal-Partner Loss will meet Wednesday nights.

January 9, 16, 23, 30

February 6, 13, 20, 27

Time: 7:00 – 8:30 pm



Additional Grief Support Services for Adults, Teens and Children:

- Drop-in Support Group
- Individualized Grief Support
- Child Loss Support Group
- Parent Loss Support Group
- On-Site Support for Schools, Youth Organizations & the Workplace
- Community Support Services
- Resource Library
- Annual Memorial Service
- Volunteer Training

There is no fee for our grief support services. We greatly accept donations so that we may continue to offer grief support to others at no cost.