

Child Loss Support Group 2018

Grief Journeys through Child Loss

The death of a child can leave a parent feeling a range of intense feelings. Finding ways to explore these sensations in a safe and supportive environment can be a lifeline in a sea of overwhelming emotions.

Please join this ten-week supportive group setting designed to provide emotional support, sharing of feelings and ways of coping, connecting and finding meaning and hope.

Please note: Enrollment is limited and a pre-registration assessment is required to participate in this support offering. Please call Kathleen Brand, one of the Grief Counselors at (925) 829-8770 to schedule an assessment.

**Thursday evenings
on the following dates:**

October 18, 25

November 1, 8, 15, 29

December 6, 13, 20

January 3

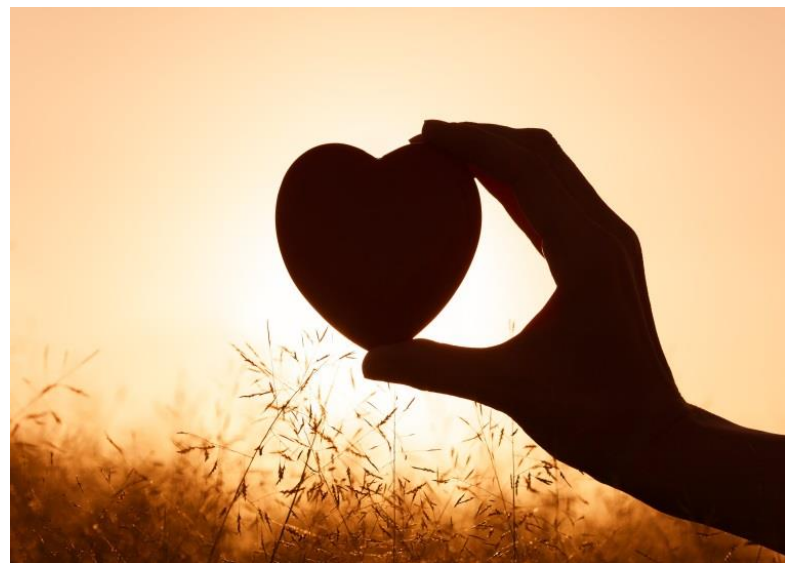
6:00 p.m. – 7:30 p.m.

No group meetings on:

November 22nd and December 27th

Additional Grief Support Services for Adults, Teens and Children:

- Parent Loss Support Group
- Spousal/Partner Loss Support Group
- Children/Teen Grief Support
- Individualized Grief Support
- Drop-In Support Group
- On-Site Support for schools, youth organizations & the workplace
- Resource Library
- Annual Memorial Service
- Volunteer Training
- Workshops: Understanding Grief, Handling the Holidays, and Adult Creative Workshops
- Community Support Services



There is no fee for our grief support services. We greatly accept donations so that we may continue to offer grief support to others at no cost.