

Hope Hospice expands services with home health

For more than 35 years, Hope Hospice has helped patients and families live each day to the fullest by providing quality, personalized end-of-life care. Earlier this year, we expanded our services when we welcomed St. Claire's Home Health to our family. Hope Hospice now offers a wider range of services including home health and hospice care to patients in the Tri-Valley and surrounding areas.

"Our goal is to help people remain independent at home for as long as possible," says Hope Hospice CEO Bob Boehm. "Combining home health care with our agency means we can offer rehabilitative therapies as well as palliative care to patients who have chronic or advanced illnesses but are not currently on hospice." He explains that these patients can still seek curative treatments while receiving pain and symptom management, support and guidance from Hope Hospice. Because the Hope Hospice staff will be managing both home care and hospice care, patients will be able to transition from one type of care to the other seamlessly, as their illnesses progress.

St. Claire's is well-respected by families, hospitals, and other professionals in the community. Like Hope, St. Claire's has the highest quality ratings in the East Bay, is accredited by The Joint Commission and is Medicare-certified. Hope Hospice has been a community-led, non-profit agency since its inception. As a division of Hope, St. Claire's will also operate as a non-profit, community-led organization, the only such home health agency in the Tri-Valley area.



If you're looking for a way to enjoy the beautiful outdoors and support a good cause then gather your family, friends and co-workers for The Hike for Hope 2017. The event will be held on Saturday, May 6, at Del Valle Regional Park in Livermore. The hike begins between 8:30 and 10:00 a.m., and ends at noon.

The Hike for Hope is a memorial hike and fundraiser. All net proceeds from this worthy event enable Hope Hospice to continue a 35-year tradition of providing comfort and compassion to patients and their families at the end of life. Hope Hospice relies on the generous support of the event hikers and the community to make this fundraising effort a success.

Two trail options are available: an easy 2.6 mile round trip route; and a more moderate 4.4 mile hike. Take in the spectacular views of the valley, lake and surrounding hills.

Early registration fee for The Hike for Hope is \$39 through April 22; and \$45 on or after April 23. We encourage you to hike in memory of a loved one. This year we are offering a "Family and Friends" sponsorship. Sign up by going to TheHikeForHope.com or by calling Hope Hospice at 925-829-8770.

Hope Hospice is grateful to our local sponsors who are supporting this event including Hitachi Data Systems, Graham Hitch Mortuary, Heritage Bank of Commerce, Chapel of the Chimes, Palo Alto Medical Foundation, Bradley Tanks, Inc., Pleasanton Emergency Medical Group, Grade Tech, Inc., Tri-Valley Home Care, Spectrum Wealth Partners, Lange Enterprises, MCE Corporation, Tri-Valley Bank, Stoneridge Creek, Bank of San Francisco, ClubSport Pleasanton, Stanford Health Care/ValleyCare, ProTek Manufacturing, Heritage Estates, Sensiba San Filippo, LLP; and media sponsors KKIQ Radio and Diablo Magazine.

This year's committee chair is Brian Kehoe, Senior Vice President of Heritage Bank of Commerce in Pleasanton. "Many businesses are helping to make the Hike for Hope a success through their sponsorships," says Kehoe. "We appreciate their support and hope to see more businesses join this worthy event," he adds.

Volunteers are needed for this event. Contact Jill Smith at jills@hopehospice.com or (925) 829-8770.

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Message from the CEO

There's no place like home

by Bob Boehm



At Hope Hospice, our goal is to help people remain independent in their homes and to help them live as well as possible. We are proud that Hope Hospice has provided high quality end-of-life care to the community for more than 35 years, and we are now expanding our services by adding home health care.

Many of our community members are living with serious or chronic ailments such as heart failure, diabetes, cancer or respiratory diseases and may or may not have a terminal illness. They may be recovering from surgery or have wounds

that need care and observation. What they all have in common is the desire to receive care in the comfort and familiarity of their homes.

Our home health care team makes this possible by providing high quality, personalized home health care, helping patients with their goals and ensuring a safe and seamless transition from nursing homes or hospitals to their own homes. This includes supportive, rehabilitative and curative care including physical, speech and occupational therapy, skilled nursing care for wounds, disease management and teaching. Being able to receive skilled care at home frequently helps patients avoid repeated hospitalizations.

Sometimes people need help with personal grooming or activities of daily living, like eating or dressing, and receive assistance from our home health aides. In other instances our social worker provides short- and long-term resource planning and assistance as well as counseling to ease concerns that may impact the patient's healing and well-being.

When St. Claire's Home Health became a division of Hope Hospice, they became the first non-profit home health agency in the Tri-Valley area. As non-profit agencies, both Hope Hospice and St. Claire's Home Health are committed to people and patient needs. We are driven by our mission rather than by profit or financial demands. This means we can focus on quality and responsiveness and do what is right for our patients. We are pleased to continue our long tradition of serving the community by offering a full spectrum of services to those living with serious illnesses.

Father's Day BBQ



It's not too early to start making plans for Father's Day. Make this Father's Day special by treating your family to award-winning BBQ while supporting a worthy cause. Join us to enjoy good food with family and friends and help provide needed services in the Tri-Valley and surrounding areas.

We are grateful to Bart's Blazin' BBQ and 3 Steves Winery for sponsoring this exciting event.

Sunday, June 18, noon to 4 p.m. (open house style). \$25 per person
3 Steves Winery, 5700 Greenville Road, Livermore
Mouth-watering BBQ | Silent Auction | Beautiful Outdoor Event

Ticket sales are limited. Buy yours today at HopeHospice.com/BBQ, then bring your appetite between noon and 4 p.m. on Father's Day.



Nikki Tildesley (l) and Barbara Cox (r) display the "Hope Springs" quilt Barbara created.

With love, from the UK

Last year, Barbara Cox decided to make a quilt for Hope Hospice when she was visiting from England. Her daughter Nikki Tildesley works in the Volunteer department at Hope, and Barbara learned how patients and families have been helped by our support, guidance and comfort. She wanted the quilt to be used in any way that would benefit the agency and its patients. Barbara and Hope Hospice

Volunteer Director Jill Smith chose the colors from the Hope Hospice logo and included birds, flowers and other nature features. She completed most of the quilt in England.

Barbara started quilting 20 years ago shortly after her husband died. She needed something to help get her through the winter so she joined a quilting group where she found support and companionship that helped in her

grieving process. She now describes her hobby as a "passion," and quilts all the time. Barbara named her quilt "Hope Springs."

In May, Castlewood Country Club is hosting the 2017 Ladies Tennis Invitational. The event will include a silent auction to benefit Hope Hospice. The beautiful quilt, lovingly made by Barbara, will be one of the items auctioned for a worthy cause. To place a bid prior to May 6, contact Kathleen Berriatua at katberriatua@gmail.com.

Volunteer News

Hope volunteers make a difference, you can too!

By Jill Smith, RN

Hope Hospice Director of Volunteer Services



Hope Hospice volunteers make a real difference in the lives of our patients. If you're considering volunteering, you may want to learn more about what our wonderful volunteers do throughout the year. I can't imagine what we would do without them.

With the help of volunteers, our patients and their families enjoy extra care through a variety of non-medical support such as caregiver relief, companionship and complementary therapies (Reiki, Healing Touch,

acupuncture, art therapy, massage and more). We have volunteers who are photographers, make canine comfort visits, provide all sorts of musical talent, produce video biographies and keep bedside vigils. Hope volunteers also make plush blankets adorned with patriotic symbols for our Veteran patients.

For volunteers who are interested in providing companionship to dementia patients we offer training so that they have tools to help them connect with the patients. Training sessions cover dementia-specific topics such as communication and feelings, music and memory, how art can be therapeutic, activities of living and optimal well-being, family dynamics and caregiver burnout.

Our volunteers have told us that the rewards they receive from volunteering are immense.

If you are interested in becoming a Hope Hospice volunteer, contact me at (925) 829-8770 to learn more at HopeHospice.com/Volunteers.

Hope Hospice News

Sav Mancieri joins Hope Hospice Board



Sav Mancieri, a long-time resident of Livermore, has been elected to the Hope Hospice Board of Directors. He joins a 15-member board, each

of whom is elected to a two-year term, with up to three consecutive terms.

Mancieri has been with Lawrence Livermore National Laboratories since 1992. Currently, he is the group leader for the Environmental Support and Programmatic Outreach Group, and oversees air, water and waste permissions and compliance. He is also responsible for environment, safety, health and emergency management. In addition, he supports several Department of Homeland Security initiatives.

"We are fortunate to have Sav as part of the Hope Hospice family," says Craig Eicher, president of the Hope Hospice Board of Directors. "He is deeply rooted in this community and feels very passionate about the special kind of care Hope Hospice provides. The families we serve and our agency will benefit from his leadership skills and dedication to service."

Leadership Circles

Special thanks to all of our Leadership Circle donors.

Leadership giving helps Hope Hospice continue to grow to serve our community, as more people choose the comfort and dignity of home-delivered care and family support services. A complete list of 2016 Individual, Community Group, Foundation and Business Leadership donors can be found on our website at:

HopeHospice.com/leadership-circles



Celebrating 35 Years of Caring

6377 Clark Avenue, Suite 100
Dublin, CA 94568-3024
www.HopeHospice.com

(925) 829-8770
(510) 439-4917
Fax (925) 829-0868

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Philanthropy News

Community support

We are grateful for the community and corporate grants that so generously support our work providing high quality patient care, community education and grief support.

The following community and corporate grants have been received in the current fiscal year beginning July 1, 2016:

- The City of Dublin
- The City of Pleasanton
- Deacon Charitable Fund
- Wells Fargo Foundation
- Pleasanton Weekly Holiday Fund
- The Rotary Club of Pleasanton
- The Rotarian Foundation of Livermore
- The Hindu Community and Cultural Center
- Knights of Columbus Council #7987
- Lynnwood United Methodist Church
- Castlettes of Castlewood Country Club
- American Legion Post 237
- Daughters of the British Empire, Roses of Britain
- Pleasanton Lions Club
- Presbyterian Women's Guild
- St. Raymond's Catholic Church
- The Catholic Community of Pleasanton

Supporting those in grief

You don't have to face your grief alone. Our grief support groups offer the opportunity to join others who have a similar experience to yours. In addition to grief support groups for children, teens and adults, we offer individualized grief support, pet loss grief support, on-site support for schools, resource library, grief training for professionals and an annual memorial service.

[Learn more at HopeHospice.com.](http://www.HopeHospice.com)

Grief Journeys Support Groups - 7 to 8:30 p.m. May 3 - June 21

Pet Loss Drop-in Group for Adults - 7 to 8:30 p.m.

Second and fourth Mondays

Children and Teens Support Groups - 6 to 7:30 p.m.

Children's support - Wednesdays (call for dates)

Teen's support - Thursdays (call for dates)

Adult Grief Support Workshop:

Utilizing Art and the Creative Process - 1:00 to 5:00 p.m. (separate sessions)

April 1, July 1 and September 30

Children/Teens (ages 6-17)

Summer Grief Support Workshops 6:00 to 8:00 p.m.

Art for Life, June 8

Memory Bracelets, June 22

Feelings/Mask Decorating, July 6

Memory Box, July 20

Prior to joining our support groups, we ask that you attend an informational interview with a Grief Support Provider. Please call our Grief Support Center to schedule your appointment: 925-829-8770. There is no fee for our grief support services. However, we gratefully accept donations so that we may continue to offer grief support to others at no cost.



Community-based and non-profit, Hope Hospice is accredited by The Joint Commission, certified by Medicare and Medi-Cal and is a member of the National Hospice and Palliative Care Organization, National Partnership for Hospice Innovation.

Bob Boehm, CEO; Patty Hefner, Editor © 2017 Hope Hospice, Inc.
6377 Clark Avenue Suite 100 Dublin, CA 94568-3024 (925) 829-8770 www.HopeHospice.com

