

Fall Grief Support Workshops 2016

These professionally facilitated grief support workshops use art media to help young people explore their feelings and develop healthy coping skills.

Children & Teen's Workshops (Age 6 - 17)

Creative Grief: Healing through Expression Workshop

Holidays can be an especially difficult time for grieving families. This workshop helps your child acknowledge the upcoming holidays and honor them in the process. We create various keepsakes that not only connect them to their loved one, but serve as a method of grief expression and healthy coping. In this workshop the children also have the opportunity to explore their feelings and reflect on their loss.

Monday, November 21, 2016

5:00 – 7:00 pm

or

Monday, December 12, 2016

5:00 – 7:00 pm



Enrollment is limited, please call Jamie Schellenberg for early registration @ (925) 829-8770

For more information: (925) 829-8770